

Freshwater

COLLEGE CAFE



SANDWICHES

(all made with multigrain bread)

Ham or chicken or beef and salad (tomato, cucumber, lettuce)	\$5.50
Ham or chicken or beef and cheese	\$4.00
Add carrot, mayo, cheese	50c
Vegemite or cheese or honey or jam	\$3.50

WRAPS

Ham or chicken or beef and cheese, salad, mayo	\$6.00
Chicken and cheese toasted	\$6.00

TOASTIES

Ham or chicken and cheese	\$4.00
Add tomato, spinach	50c each

MELTS

(on a toasted Turkish roll)

Roast beef and cheese	\$6.00
Tuna and cheese	\$6.00

BOXED SALADS

Lettuce, cherry tomato, grated carrot, cheese,
beetroot and dressing,
with ham or chicken or beef or eggs or chicken
nuggets (3)

Small \$4.00 Large \$6.00

HOT FOOD

Plain beef traveller pie	\$4.50
Healthy choice sausage roll	\$3.50
Lasagna (preorder only)	\$4.50
Fried Rice with bacon (house made) (preorder only)	\$4.50
Spaghetti bolognese (house made) (preorder only)	\$4.50

SNACKS

Apple slices, orange, seasonal fruit	\$1.50
Apple puree cups	\$2.50
Fruit salad cups	\$2.50
Popcorn	\$2.00
Seaweed	\$2.00
Vege chips	\$2.00
Cheese and water crackers	\$2.00
Vanilla yoghurt	\$2.00
Fruit mini muffins (no added sugar)	\$1.50
Cookie of the week	\$1.50
Healthy snack pack: carrot, cucumber, cheese, dip, water crackers	\$3.50

BENTO BOX

½ sandwich (ham, cheese, vegemite) cheese cubes, carrot, cucumber, cherry tomato, boiled egg, fruit	\$5.00
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FROZEN SNACKS

Frozen fruit cups	\$1.50
Quelch icy tubes	\$1.00
Frozen watermelon	50c
Frozen pineapple rings	\$1.00

DRINKS

Plain milk	\$2.00
Water	\$2.00
Sparkling water, flavoured sparkling water	
	Small \$2.50
	500ml \$3.50
	750ml \$4.00

OPENING HOURS

8.15 am - 1.40 pm